

Dressing for an Interview

Hiring managers are good at sizing people up. They see a lot of applicants and can easily tell who will fit in and who will not. The goal is to give a good impression, and the first thing the hiring manager will notice is how you look.

1. Start with a good night's sleep

Employers expect to meet someone who is enthusiastic, energized and excited to be there.

2. Hygiene

Employers will notice everything about your overall cleanliness. Make sure to take a good shower, shampoo your hair, brush your teeth, shave and make sure to use deodorant.

3. Hair Styles

Choose a simple style that makes you look good. The focus should be on you, busy hair can cause a distraction with the hiring manager.

4. What to avoid

Try to avoid using strong perfumes or colognes, fragrances can linger, and some people may find them annoying.

With makeup in business, less is more. The idea is to look professional so you can leave a good impression and be taken seriously.

Body Piercings, one or two is fine but more than that can become a huge distraction.

5. What to wear

Dress in clothes that you would wear on the job, wear clean freshly pressed clothes, avoid wearing excessive jewelry. Avoid trendy fashions, stick to the basics to create an overall good impression.